



As an adult, it can be really easy to stop children getting messy because of lots of reasons. However, by preparing for mess, such as: putting down an old sheet/ curtain/ any old material, moving to an outdoor space, or wearing old clothes, you can spend more time having fun and less time worrying about tidying up.

Messy play is beneficial because it promotes the development of all sorts of skills. Playing with elements such as earth, air, and even fire, encourages creativity, imagination and discovery. Using natural resources such as mud, sticks, leaves promotes connection and understanding of the world around us...and let's not forget Its FUN!

Whether children are making mud pies or looking for buried treasure, with old clothing and wellies, anything is possible.

### Useful links

[www.maketimetoplay.co.uk](http://www.maketimetoplay.co.uk)

[www.nationaltust.org.uk](http://www.nationaltust.org.uk)

**Young Wrexham Website**

[www.youngwrexham.co.uk](http://www.youngwrexham.co.uk)

**Play and Youth Support Team**

**Contact us**

[play@wrexham.gov.uk](mailto:play@wrexham.gov.uk)

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## Play object of the week

### Natural resources

- Make a Leaf picture
- Make Mud/ grass pie
- Daisy chains
- Poo Sticks
- Pinecone craft
- Build a stick den
- Dig for worms
- Make a puddle and splash

Can you think of any more??



Playful Timetable		
	Indoor	Outdoor
<b>Monday</b>	Decorate stones to hide in your local area	Make mud pies or sandcastles
<b>Tuesday</b>	Freeze toys in ice and excavate	Splash in puddles/ stream
<b>Wednesday</b>	Make something with playdoh or clay	Fly a kite/ make your own from a bag and some string
<b>Thursday</b>	Fly paper planes	Have a water fight
<b>Friday</b>	Make wind chimes	Blow dandelion clocks
<b>Saturday</b>	Shadow puppets with torches	Build a campfire
<b>Sunday</b>	Float or sink experiments in bath tub	Toast marshmallows over tealights

